

# YOU'RE NOT ALONE

## *The Statistics*

### Stress Urinary Incontinence (SUI) :

- Approximately 1 out of 3 women over the age of 45, and 1 out of every 2 women over 65 have SUI.
- Urinary incontinence increases with age. Over half of women with SUI also have overactive bladder.

### Overactive Bladder (OAB) :

- OAB affects an estimated 33 million people in the U.S and half of these people are struggling with Urgency Urinary Incontinence, when leakage actually occurs.
- Contrary to what many people think, OAB is NOT a normal part of getting older, and isn't something you should think you have to live with. It's a real medical condition that deserves treatment.
- Nocturia is quite common among women. Studies and surveys have found that 76% of women over age 40 report getting up to go to the bathroom at least once per night. About one-third of adults over age 30 make two or more nightly bathroom trips.

### Sexual Dysfunction :

- A recent study found that some form of female sexual dysfunction was reported in 50% of mothers one year after childbirth. The main complaints included insufficient lubrication, abnormal vaginal sensation, vaginal laxity, vaginal tightness, pain with intercourse and incontinence during intercourse.
- For 1 in 10 women, sex hurts - every time. A new study which surveyed nearly 7,000 British women ages 16 to 74, found that women in their late 50s and early 60s were most likely to experience pain during sex, followed by women ages 16 to 24.



Sources: The National Association for Continence, Urology Care Foundation, US National Library of Medicine, DOI.org

# ASK US IF EMPOWERRF IS RIGHT FOR YOU



## FLAGSTAFF OBGYN



1100 N. San Francisco Street  
Suite B

Flagstaff, AZ 86001  
928-779-7851

[www.flagstaffobgyn.com](http://www.flagstaffobgyn.com)

[EmpowerRFquestions@flagstaffobgyn.com](mailto:EmpowerRFquestions@flagstaffobgyn.com)



# EMPOWERRF

by INMODE



A WORKOUT WARRIOR



A NEW MOMMY



DEALING WITH DRYNESS



REKINDLING YOUR INTIMACY

## The EmpowerRF Experience

The innovative EmpowerRF device is beneficial for essentially every woman! Safe and effective, EmpowerRF delivers life changing technologies for women's wellness, treating a broad range of conditions. This state-of-the-art technology uses a combination of radio frequency (RF) and electric muscle stimulation (EMS).

### Are you a Candidate? Do you Experience:

- o Vaginal Dryness (Vaginal Atrophy)
- o Urge Incontinence or Leaking
- o Pain with Intercourse
- o Decreased Vaginal Sensation/Ability to Orgasm
- o Pelvic Floor Weakness
- o Stress Urinary Incontinence (SUI)
- o Overactive Bladder or Urinary Frequency
- o Interrupted Sleep from Multiple Bathroom Trips
- o Vaginal Laxity
- o Vulvar or Vaginal Pain
- o Episiotomy Pain
- o Chronic UTI
- o Chronic Vaginal Infection (Yeast or Bacteria)
- o Labial Laxity, Redundant/Crepey Vulvar Skin/Labia
- o Lichen Sclerosus
- o Displeasure/Lack of Confidence in Vaginal/Vulvar Appearance

If you experience any of the above, we can help you regain your self confidence, improve your quality of life, and add a boost in sensation during intercourse.

### Our women's health treatment options include:

**FormaV** - Overall vaginal rejuvenation and bladder control for mild to moderate symptoms

**VTone** - Better-than-Kegel muscle stimulation and pelvic floor strengthening. It's like doing thousands of Kegel exercises in one VTone session!  
\*FDA indicated for clinical efficacy.

**Morpheus8V** - Ground breaking RF microneedling for overall support, bladder control, and tightening for moderate symptoms

- Minimally Invasive ✓
- Minimal to No Downtime ✓
- Finally Feeling Relief ✓



### How does VTone work?

The two-sided tip inserts quickly and comfortably into the vaginal canal. There is no downtime or recovery and uses no injections, medications or incisions. VTone uses electromagnetic energy to deliver thousands of supramaximal pelvic floor muscle contractions and rehabilitates a woman's pelvic floor muscles.



### Key Benefits of VTone

Strengthens weak pelvic floor muscles • improves urinary incontinence symptoms • Boosts confidence and quality of life without surgery • Designed to strengthen the muscles associated with all types of urinary incontinence.

### FormaV is used to:

Resolve dryness, itching, laxity and urinary incontinence • Increases tissue strength and better supports the bladder and urethra • Relieves irritating dryness and painful intercourse.



### Key Benefits of FormaV:

Treats vaginal dryness, loose/stretched tissue, "sandy" feeling vagina, pain with intercourse, stress incontinence, thinning of internal/external membranes and decreased vaginal sensitivity.



### How does FormaV work?

The FormaV device tip is inserted into the vagina, where a warm sensation will be felt as the probe delivers radio frequency energy into the tissue with a gentle sweeping motion through the vagina and vulva. It heats the tissue to increase blood flow, collagen and elastin.

### Morpheus8V is used to:

Treat deep beneath the surface improving the collagen and elastin production increasing the strength and thickness of feminine tissue • It delivers pulses of energy deep into the vaginal and vulva tissues which leads to more support, lubrication, and elasticity of the vagina and vulva.



### Key Benefits of Morpheus8V

The only "all-in-one" treatment to improve urinary leaking, overactive bladder, sexual enjoyment/responsiveness, and vaginal atrophy/dryness • Long lasting results • Decreases chronic vaginal infections and UTIs.



### How does Morpheus8V work?

Morpheus8V is a series of three quick 10-minute monthly treatments. Microneedling delivers targeting and precise treatment. The probe is inserted intravaginally to deliver controlled pulses of energy that tighten soft tissue and stimulates the production of elastin and collagen.